October 2024 St. Pete Rec • Pre K Snack Menu

Pinellas County Schools
FOOD AND NUTRITION
ENERGY FOR EDUCATION

2024 National School Lunch Week
October 14—18

Cold Cereal Variety

May contain no more than 6 grams of sugar:

- Cheerios
- Cinnamon Chex
- Cinnamon Toast Crunch
- Marshmallow Matey's

Monday	Tuesday	Wednesday	Thursday	Friday
For Menu & Nutrition Information or to download the app on your device Visit MealViewer.com MealViewer	1 **Keebler Animal Crackers (WG)** Apple Juice	2 **Blueberry Muffin Flat (WG)** Tropical Fruit Juice	3 **Goldfish Cheddar Crackers (WG)** Apple Juice	4 **Belly Bear Chocolate Grahams (WG)** Tropical Fruit Juice
7 **Cold Cereal Variety (WG)** Unflavored 1% Low-Fat Milk	8 **Goldfish Cheddar Crackers (WG)** Apple Juice	9 **Scooby Doo Cinnamon Graham (WG)** Tropical Fruit Juice	10 **Keebler Graham Crackers (WG)** Apple Juice	11 **Saltine Crackers (WG) String Cheese Stick** Tropical Fruit Juice
14	15 ***NATIONAL***	16 ***SCHOOL***	17 ***LUNCH***	18 ***WEEK***
No School for Students Pro-Ed Day	**Cheez-It's Baked Crackers (WG)** Apple Juice	**Belly Bear Chocolate Grahams (WG)** Tropical Fruit Juice	**Goldfish Cheddar Crackers (WG)** Apple Juice	**Keebler Graham Crackers (WG)** Tropical Fruit Juice
21 **Cold Cereal Variety (WG)** Unflavored 1% Low-Fat Milk	22 **Keebler Animal Crackers (WG)** Apple Juice	23 **Blueberry Muffin Flat (WG)** Tropical Fruit Juice	24 **Goldfish Cheddar Crackers (WG)** Apple Juice	25 **Belly Bear Chocolate Grahams (WG)** Tropical Fruit Juice
28 **Cold Cereal Variety (WG)** Unflavored 1% Low-Fat Milk	29 **Goldfish Cheddar Crackers (WG)** Apple Juice	30 **Scooby Doo Cinnamon Graham (WG)** Tropical Fruit Juice	31 **Keebler Graham Crackers (WG)** Apple Juice	

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